

# JERABEK ELEMENTARY

Thursday Mornings

Oct 6<sup>th</sup> – Nov 10<sup>th</sup>

10:00 a.m. to 12:30 p.m.

*Space is Limited!*

*Sign up before Sept 22<sup>nd</sup>, for an early bird discount...*

*Sign up now! [ConnectedFamily.org](http://ConnectedFamily.org)  
(10% of your tuition will go back to Jerabek!)*

connect

## Join us at Jerabek Elementary as we join forces with Positive Discipline for our 6 week course.

*Come and See What it's All About!*

Back by popular demand, Positive Discipline & Jerabek Elementary come together again to bring you: *Effective Tools, New Information, & Proven Strategies* through hands on, interactive training that will help you with sibling conflict, power struggles, homework, chores, morning & bedtime hassles, shouting, nagging, bribing, punishing & so much more.

No boring lectures! In this relaxing, fun environment, parents participate in activities designed to deepen an understanding of their children and what parenting techniques work with children. This course is for parents who are looking for long-term skills that will encourage their children to develop:

- Self-Discipline•Responsibility•Cooperation•
- Problem-Solving Skills•Feelings of Competence, Confidence, and Capability•
- These strategies are for *Parents of Toddlers to Teens*

Positive Discipline techniques are respectful & non-punitive, & are based on both common sense & research. They help parents strike an important balance between being kind & firm. These tools will help parents get to the core of their child's misbehavior while bringing more peace & joy into the home.

*Kimberly Taylor, Certified Parenting Educator, is the mother of two elementary school age children along with her Naval Officer husband of 14 years. She has been a facilitator and workshop leader throughout San Diego since 2001. She is a popular speaker for schools, health organizations and parent groups of all kinds.*

*The Positive Discipline Course was created by Dr. Jane Nelsen, licensed marriage, family and child therapist and author of the popular Positive Discipline Series and other outstanding books. She is a worldwide keynote speaker, has appeared on Oprah, and is the founder of the Positive Discipline Association.*

*Get Connected, Stay Connected...Enroll today at [ConnectedFamily.org](http://ConnectedFamily.org)*

**EARLY BIRD DISCOUNT:** \$110 per person, \$170 per couple thru September 22<sup>nd</sup>, 2011

**REGULAR REGISTRATION:** \$130.00 per person, \$190.00 per couple.

**Dates:** Thursday mornings, October 6<sup>th</sup>, – November 10<sup>th</sup>, 2011

**Times:** 10:00 a.m. to 12:30 p.m.

**Location:** Jerabek Elementary! (10050 Avenida Magnifica, San Diego 92131)

**To Register:** Go to [www.connectedfamily.org](http://www.connectedfamily.org) or contact [Kimberly@connectedfamily.org](mailto:Kimberly@connectedfamily.org)

**Jerabek Contact:** Nancy Mullen [Nz2@att.net](mailto:Nz2@att.net) (858) 536-7737 \*A min of 10 people is required for each class

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

E-mail \_\_\_\_\_

\_\_\_\_ Payment Enclosed & sent in to the FFO Office      \_\_\_\_ Paid with PayPal on [connectedfamily.org](http://connectedfamily.org)  
*Make this school year like no other...Enroll Today!*      \*Flyer posted at, [www.jerabekelementary.com](http://www.jerabekelementary.com)

